



Find your
course now!



GoLearn!

Leicestershire Adult Learning Service

Courses 2024-2025



Call **FREEPHONE**
0800 988 0308

www.GoLearnLeicestershire.ac.uk

Welcome to GoLearn! 2024-25

It gives me great pleasure to share our new brochure with you.

Whether you are looking for a course to improve your health and wellbeing, boost your confidence, or need a qualification such as English or maths we have something for you.

Our courses are extremely popular because classes are delivered locally in small friendly groups, for example, your local library or learning centre. Activities are carefully designed to help you take your first steps in a new subject and will help you to build confidence in a safe and supportive setting.

Together with information about courses on offer, you will also find feedback from some of our existing learners many of whom have progressed far beyond their initial expectations. A common theme is the positive impact learning has had in giving them a new sense of purpose and opening opportunities in different aspects of their lives.

I hope that the learner stories inspire you to take a closer look at what we have on offer, particularly if you have not tried a GoLearn course before.

Paul Fleming, GoLearn! Head of Service



Discover GoLearn! Online

Finding your course and enrolling online is now even easier with our website.

Browse www.GoLearnLeicestershire.ac.uk and discover 100s of online and face-to-face courses in venues across the

county with our new and improved course search. Scan the QR Code to start browsing.



Find your course now!



Search GoLearn Leicestershire on Facebook

We love to hear about how you are getting on with your courses and our Facebook page is a great way for you to keep in touch with us and give feedback.

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FREEPHONE 0800 988 0308

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What is lifelong learning?

From improving or maintaining your mental health and wellbeing, to gaining skills and qualifications to take your career to new heights. GoLearn is here to help you succeed in your lifelong learning journey.

100%

of learners who attended a course to support them in their employment journey agreed that their course had helped them to gain promotion, get a new job, increase their working hours, or improved their work skills.

100%

pass rate for Digital Skills Level 1 and 2 courses.



100%

of responding learners agreed that their course helped them to understand more about what was happening in their communities.



97%

of learners said their wellbeing had improved after taking part in a Learning for Wellbeing course.

95%

of learners on Mental Health courses, say that the learning helped them in their work or home life.

94%

pass rate for GCSE Maths and English learners.



Thank you for offering this service. I've achieved more than I thought I could and it has made me believe I can set a proper career path even at 33.

*Data taken from multiple sources, including the 2022/23 Learner Impact Survey, in-class self-assessments, or from service achievement data for 2022/23 academic year. Detailed explanation of figures available on request.

Learning for Wellbeing

Discover a new passion for creativity or get fitter this year by taking part in a course from our Learning for Wellbeing programme.

On our courses, you will find a like-minded, supportive community. With expert guidance from your tutor, you will learn and develop new creative skills that you can use in class but also at home and in your community.

Our courses enable you to build confidence, make new friends, gain creative skills, get fitter and also have time to yourself away from the stresses and strains of daily life, supporting good health and wellbeing.

“

I enjoy my Tuesday afternoons; it is the highlight of my week and so good for my mental health. It is very good for socialising because I struggle with social anxiety. Excellent!”



What's on offer...

The Learning for Wellbeing curriculum offers a broad range of arts, crafts, fitness, and dance courses, at all levels of ability. The majority of courses are face-to-face with some online options:

- ◆ Drawing and Painting (including botanical, abstract, animals and landscapes)
- ◆ Pottery
- ◆ Sewing Workshops
- ◆ Hand Embroidery and Silk Painting
- ◆ Upcycle Furniture (small objects)
- ◆ Glass (stained and fused)
- ◆ Screen Writing
- ◆ Cookery
- ◆ Yoga (traditional and seated)
- ◆ Back, Neck and Shoulder Strengthening
- ◆ Lino and Mono Printing
- ◆ Ballet (for fitness and for wellbeing)
- ◆ Bhangra Dancing for Wellbeing
- ◆ Tap Dancing
- ◆ Film and Drama

Our courses are taught by experts in their fields with a vast range of practical and professional experience. We provide a welcoming, safe space for new and returning learners to learn new skills and progress.



To explore the full range of Learning for Wellbeing courses, visit us online or call FREEPHONE 0800 988 0308.

Better Mental Health



Whether you would like to improve or maintain your mental wellbeing, or learn something new about mental health, we have a course to suit you.

Better mental health courses are designed to give you the opportunity to develop skills and knowledge that can be used to support good mental health.

Courses include a variety of engaging learning activities and resources with the emphasis on being able to use what you learn in everyday life. Your individual wellbeing goals will be included in a personalised learning plan that is tailored to you. Joining a course gives you the opportunity to learn with others in a safe, supportive and inclusive learning environment.

Following these courses you might continue your learning journey with further courses, volunteering or employment.



FREE courses

“

The course has been a vital part of my progress in improving my overall wellbeing after a particularly difficult period in life.”

What's on offer...

- Learning for Confidence and Better Mental Health
- Introduction to Mindfulness
- Sleep and Wellbeing
- Coping With Change
- Introduction to Self-Care
- Positive Wellbeing Goals
- 5 Ways to Wellbeing
- Mindfulness for Life
- Connecting with Nature



For more information on our mental health courses call us on **FREEPHONE 0800 988 0308** or visit us online.

Digital Skills

Whether you are a complete beginner, or want to grow your skills, we have something for you!

Digital skills are the gateway to life and work. Our courses can give you both recognised qualifications that employers are looking for and useful skills for everyday life.

We offer everything from Essential Digital Skills qualifications, designed for absolute beginners, through to the advanced ICDL Level 3 certification.

If you are looking to learn IT skills for everyday life, we have courses which are perfect for absolute beginners and anyone looking to gain a little more confidence.

For anyone looking to explore digital skills further, we have a range of specialist IT courses on subjects like Photoshop, Sage Accounting, and Website Design – perfect to boost your skills at work, or simply to discover a new hobby!



For more information on our Digital Skills courses, or to discuss which course is right for you, contact the team on **FREEPHONE 0800 988 0308**, or visit us online.



I have found this course has expanded my knowledge around computing and I feel it has boosted my confidence not only using the computer but in general also. I found [my tutor] to be most helpful in all aspects throughout and has been well worth doing the course.”

What's on offer...

- Digital Functional Skills Qualifications
- Certificate in Digital Skills
- Digital Skills for Beginners
- Introduction to Smartphones and Tablets
- Apps for Wellbeing
- Everyday Digital Apps
- Website Development (Wordpress)
- QuickBooks
- Photoshop Editing Techniques



Employability

Our Employability courses are specially designed to support anyone wishing to gain skills and qualifications which directly support you to improve, or gain, employment opportunities.

Many of these courses are FREE and can be tailored to your individual needs. All Employability courses include links to our GoLearn! Learning and Work Advisors who can support you with a FREE and impartial Information, Advice and Guidance session to discuss your future learning and work goals.

Support for Businesses

If you are part of an organisation going through a period of change or growth, our Employability courses can provide support for your employees or colleagues.

Including the qualifications and courses listed in this leaflet, we can also provide Digital Skills, English, Maths and ESOL courses, alongside a wide range of apprenticeship standards, all aimed at supporting your team to succeed. We also offer courses to support and maintain mental health and resilience, which can form a valuable part of your staff wellbeing offer.



For more information on our Employability courses, or to discuss which course is right for you, contact the team on **FREEPHONE 0800 988 0308**, or visit us online.

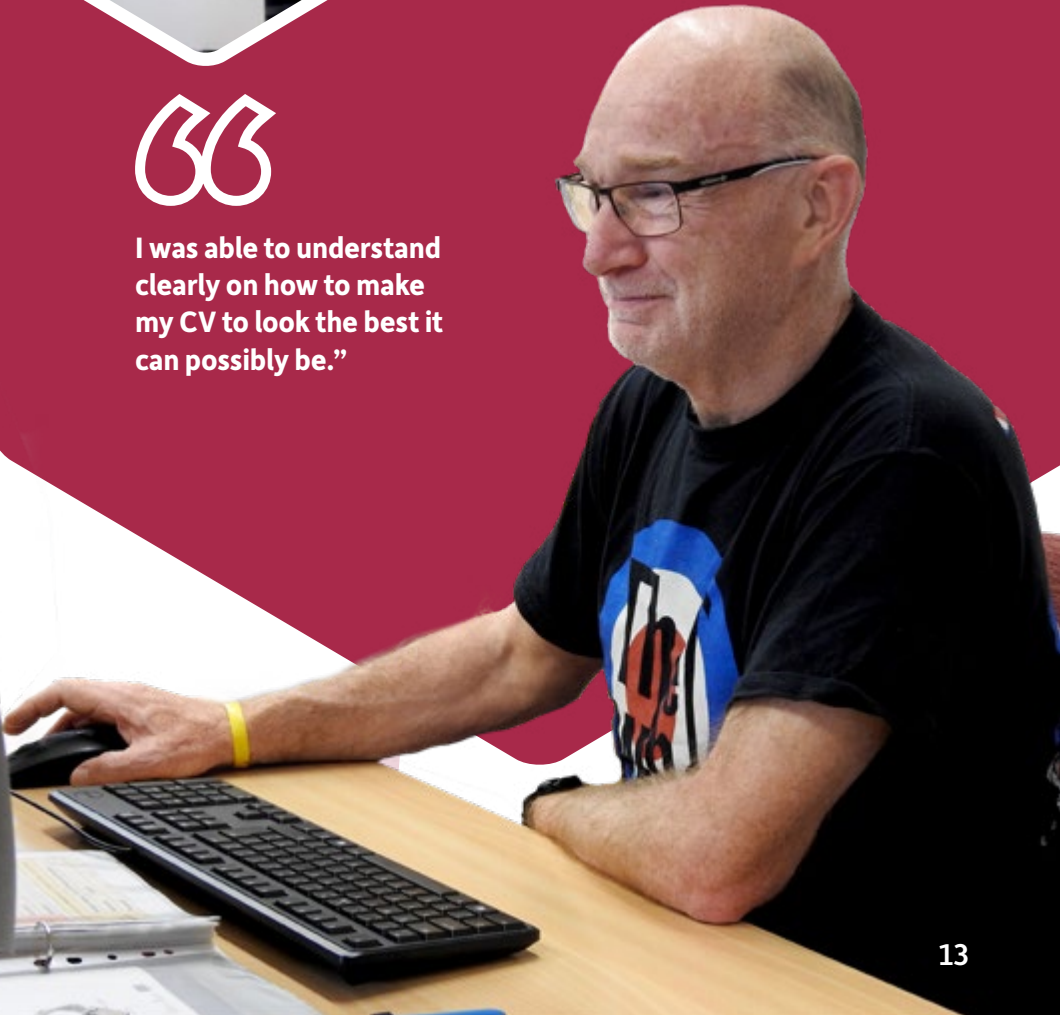


What's on Offer...

- ◆ CV Writing
- ◆ Application Forms
- ◆ Highfield Level 2 Award in Food Safety for Catering (RQF)
- ◆ Highfield Level 3 Award in Emergency First Aid at Work (RQF)



I was able to understand clearly on how to make my CV to look the best it can possibly be.”



FREE
courses

English and Maths

Whether you are looking to brush-up on the basics, grow your confidence, or gain a qualification, our English and maths courses will provide you with the guidance and support you need to succeed.

Our maths classes can help you feel more confident in working with numbers and solving problems; whether you are helping with your child's homework, calculating your household budget, or tackling data at work, we have something for all!

If you're looking to develop your reading skills, improve your writing, or become more confident in speaking, our English classes will provide you with the help you need to achieve your goals at the right level for you.

“

As a mature student, returning to learning was daunting at first. I felt anxious from the past experiences I had whilst learning maths with other providers, but the teaching style and techniques used by my tutor helped me.

I overcame my fear of maths which has affected me for many years. My anxiety reduced significantly, my self-confidence increased, and I finally gained my level 2 maths certificate which I never thought would ever happen.”





What's on offer...

- Pre-GCSE and GCSE
- Functional Skills (Level 1, Level 2)
- English (at Entry Level)
- Everyday Maths (at Entry Level)
- Preparation and Foundation courses
- Creative Writing courses



For more information on English and Maths courses, or to book an assessment, scan the QR code opposite or call us on **FREEPHONE 0800 988 0308.**

English for Speakers of Other Languages (ESOL)

ESOL stands for ‘English for Speakers of Other Languages’ and is an English language course that helps to improve the lives of people whose first language is not English.

Joining ESOL English courses with us will help you to improve your quality of life, carry out everyday tasks independently and find work.

Our ESOL tutors will support you to learn the language skills you need to be able to communicate in English. You will learn grammar and punctuation, writing and reading, and speaking and listening.

By taking our ESOL English courses, you will be able to fully interact with people in your everyday life, whether it is going to the supermarket, sorting out your banking, or going to the Doctors.

We have short courses that will develop your skills and create more opportunities for your future.

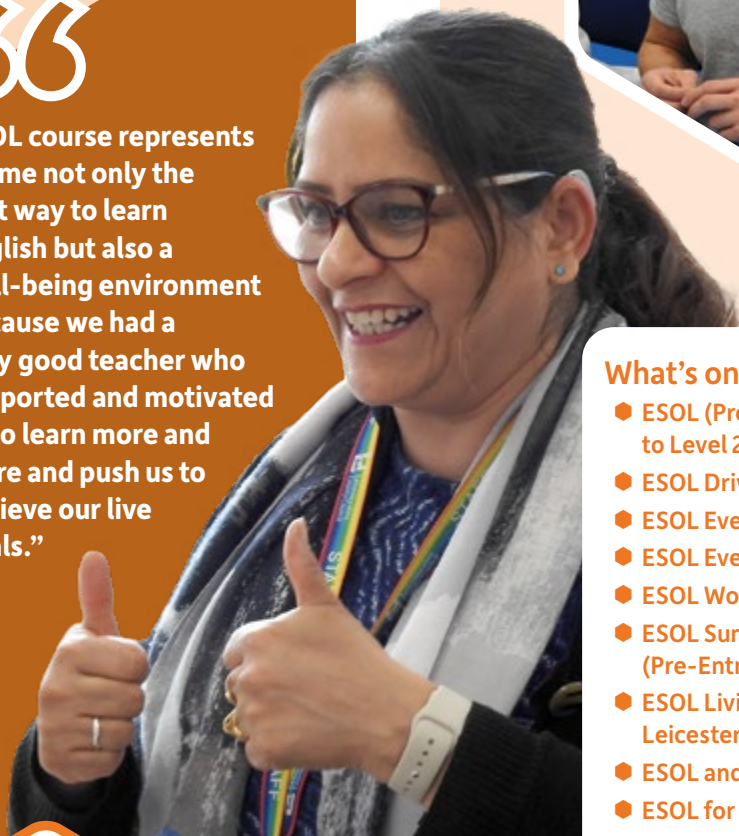
Our courses are a safe and welcoming space for you to learn. You will have a chance to make new friends in class and in the community.



of OL)

“

ESOL course represents for me not only the first way to learn English but also a well-being environment because we had a very good teacher who supported and motivated us to learn more and more and push us to achieve our live goals.”



What's on offer...

- ESOL (Pre-Entry up to Level 2)
- ESOL Driving Test Theory
- ESOL Everyday Maths
- ESOL Everyday ICT
- ESOL Work Skills
- ESOL Summer School (Pre-Entry up to Level 2)
- ESOL Living in Leicestershire
- ESOL and Sustainability
- ESOL for Care Workers



For more information on ESOL courses, or to speak to a member of the team, call us on **FREephone 0800 988 0308**, visit one of our Enrolment Centres (see page 30), or visit us online.

Languages

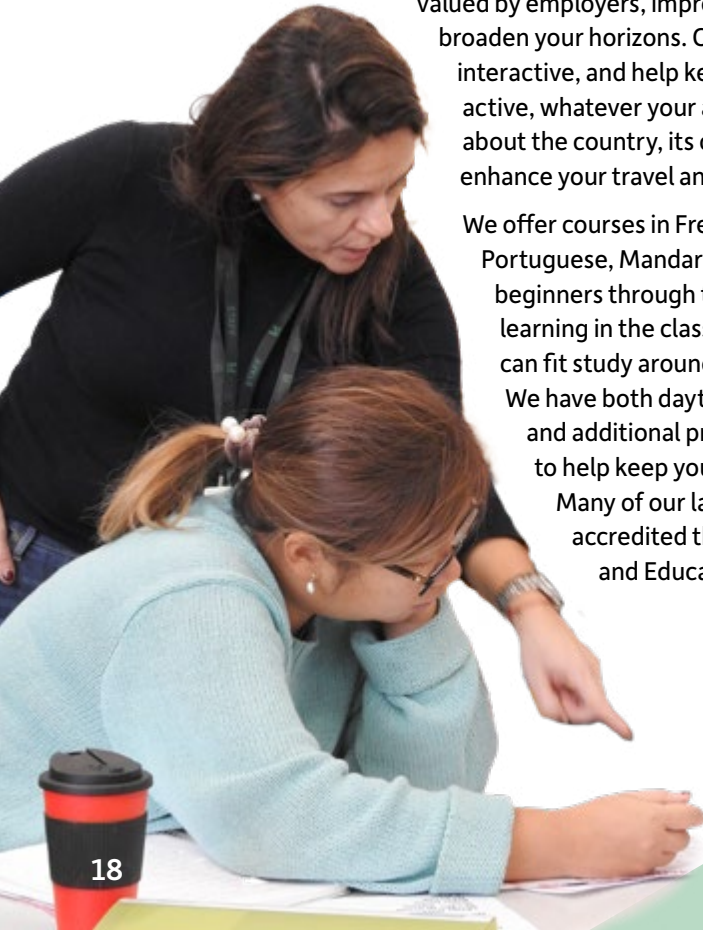
Whether through technology, media, or travel – we are all becoming more and more connected as global citizens. Learning a new language provides you with a new appreciation of different cultures and a new skill that can be used for business, work, holidays and family life.

By learning another language, you can gain a skill valued by employers, improve your confidence, and broaden your horizons. Classes are fun, social, and interactive, and help keep you and your brain active, whatever your age! You will discover more about the country, its culture, and its people to enhance your travel and life experiences.

We offer courses in French, Spanish, German, Portuguese, Mandarin and Italian at levels from beginners through to advanced. We offer learning in the classroom and online, so you can fit study around your life and work.

We have both daytime and evening courses, and additional practice and interest sessions to help keep your new skills honed.

Many of our language courses are accredited through The Skills and Education Group.





“

I plan to use my language skills on holiday and to continue to learn. Sharon is an excellent teacher and brings out the best in the group making the learning experience very enjoyable.”

Course	
Beginners Courses	Holiday Basics
	Beginners – A Taster
	Beginners – Moving On (Year 1)
Intermediate Courses	Elementary (Year 2)
	Pre-Intermediate (Year 3)
	Intermediate (Year 4)
	Upper-Intermediate (Year 5)
Advanced Courses	Advanced Skills and Conversation (Parts 1 and 2)
	Advanced Conversation – Language and Culture

What's on offer...

- French
- Italian
- German
- Spanish
- Portuguese
- Mandarin



Explore the full range of Languages courses by visiting us online or by calling us on **FREephone 0800 988 0308**.



British Sign Language (BSL)

British Sign Language (BSL) is used by approximately 151,000 people in the UK. Learning BSL is a powerful skill which allows you to communicate with deaf colleagues, friends and family.

With the historic passing of the BSL Act in the UK Parliament in 2022, BSL is more visible and celebrated than ever before. Our BSL courses are taught largely by a team of deaf tutors, and we make sure to blend the learning of signs with Deaf Awareness as well as some knowledge of deaf history and culture. Courses are non-accredited so there are no exams – and tutors work hard to make sure you learn in a fun and social environment.

No formal qualifications or previous experience is required for our BSL Beginners 1 and Introductory courses, just an interest in BSL and a willingness to have a go!



For more information on our BSL courses, or to enrol, call us on **FREephone 0800 988 0303** or visit us online.

“

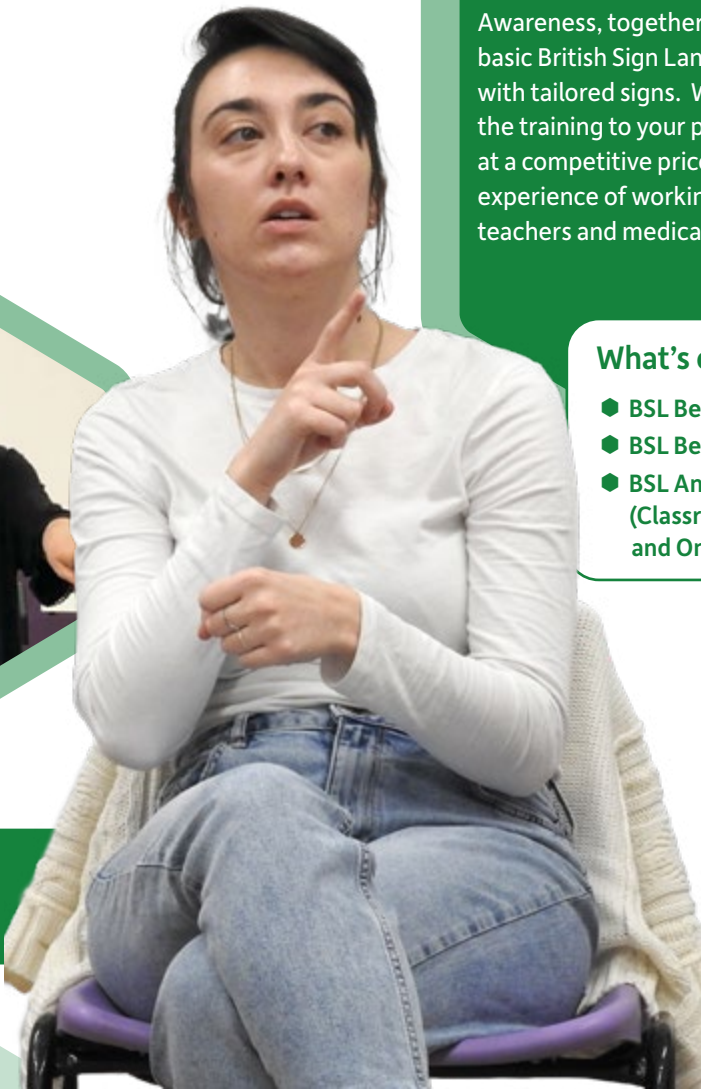
Really loved the course - Have refreshed my skills and feel inspired to expect future employment using my new found confidence in signing. Tutor was fantastic.”

British Sign Language – Staff Training for Businesses

We can offer you a tailored course to suit your needs, enabling you to communicate with staff or clients/ customers who have a hearing loss. The course can consist of Deaf Awareness, together with learning basic British Sign Language (BSL) with tailored signs. We can deliver the training to your preferred venue at a competitive price and have experience of working with both teachers and medical staff.

What's on offer...

- ◆ BSL Beginners Part 1
- ◆ BSL Beginners Part 2
- ◆ BSL An Introduction (Classroom Based and Online)



Family Learning



Family Learning courses are taught at libraries, Family Hubs, schools, online and in the community.

For parents of children aged 6 months to 3 years, Family Learning deliver courses focused on sensory play, storytime fun, arts and crafts and encourage development of fine motor skills, nutrition, healthy eating and learning through play.

For parents of children aged 4 to 11 years old, we offer courses that are designed around reading, phonics, maths, and English. These courses will support you to understand the journey from Key Stage 1 into Key Stage 2, and from Key Stage 3 into secondary school. We also offer courses that teach you about children's social and emotional wellbeing, resilience, children's

health, First Aid, how to keep your family safe online and budgeting. We also offer courses during school holidays and half terms based around different cultural and local events.

Some courses are delivered as joint learning where you can learn alongside your child, while other courses are for adults only. All Family Learning courses are FREE and specially designed for those who do not currently hold a Level 2 qualification.



“

This course exceeded my expectations. My initial goal was to gain knowledge of short games activities to support my daughter however I have learnt more than I expected and it has deepened my understanding of how my daughter is being taught at school. Already we have used games to play at home that my daughter has found useful.”



What's on offer...

- Family Learning Workshops
- Story Time Fun, Story Boxes and Story Sacks
- School Readiness
- Maths, English and Phonics
- Exam Resilience
- Baby Sign, Sensory Play and Early Years Learning
- Social And Emotional Wellbeing
- First Aid, Social Media Safety, and Food and Nutrition
- Level 1 Award in Preparing to Work in School
- Level 1 Award in Mental Health Awareness



For more information, and to view the Family Learning courses available near you, visit us online or call us on **FREEPHONE 0800 988 0308.**

Learning for Independence

We offer a wide range of courses for adults with learning disabilities, providing opportunities for individuals to develop skills and knowledge in key areas.

Before enrolling, every individual is offered a one-to-one initial meeting with our specialist coordinators, so that we can identify starting points and goals for the future. This also ensures that the most beneficial and relevant course of learning is chosen and learners have the appropriate support to succeed.

Learning is delivered through practical and engaging learning activities which encourage learners to be self-advocates, make choices, become more independent, express opinions and work with others, developing valuable skills that can be transferred outside of the classroom. Learners benefit from a safe, supportive and inclusive learning environment where mutual respect is embedded.

Learners progress to become more confident and independent in their everyday lives and may continue on to further learning, volunteering or employment after attending courses.



“

I have more confidence in myself and how to cook by myself.”



What's on offer...

- Health and Wellbeing
- Work and Volunteering
- Independence
- Creativity
- Engaging with the Community
- Numeracy
- Communication
- Literacy

Accredited and non-accredited course options are available.



For more information on our courses, and to book an information, advice and guidance meeting for our Learning for Independence courses, visit our website or call us on **FREEPHONE 0800 988 0308**.



Work Based Learning

Employees and Apprentices

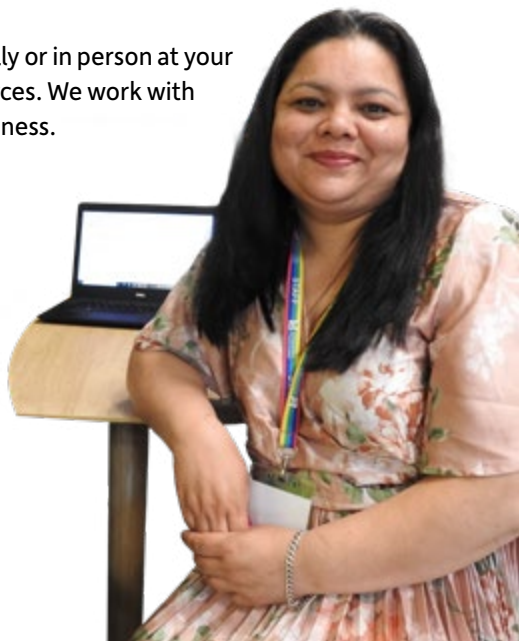
Apprenticeships mean you will work alongside experienced staff to learn while you earn a wage. Apprenticeships are for you if you want to have a real job while you gain a qualification. We work closely with the apprentice and employer to plan an individualised learning experience for each apprentice. Training is FREE for apprentices – and you earn a wage.



Find Apprenticeship vacancies in England
[www.gov.uk/ apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

Please speak to your employer if you wish to study with us or, for FREE impartial Information, Advice, and Guidance, contact our Learning & Work Advisors (see page 34 for more details).

We come to you, our training is delivered virtually or in person at your workplace, supported by bespoke online resources. We work with employers to design training that works for business.



Training provider

LEICESTERSHIRE COUNTY COUNCIL

Employer reviews

★★★★ Excellent (29 reviews)

Our Apprenticeships are rated excellent by employers on the Apprenticeship Service.

Level 3 Award in Education & Training

The Level 3 Award in Education and Training (known as the AET) is an ideal foundation course for anyone looking to teach in the Further Education sector. The course is a great start to your teaching career and will provide you with the fundamental skills required for being a successful teacher. The AET is a recognised and valuable qualification for the FE sector, which includes adult community learning and voluntary organisations.



We are continuously updating our training courses to meet the local skills demand – ask your employer to contact us for further advice on how we can help with workforce development.

The main delivery sectors for our apprenticeship training are:

- Adult Social Care
- Teaching and Learning
- Business Administration, Payroll and Management



I enjoyed the course so much and found the learning incredibly insightful and, often, just genuinely fascinating! The support from the tutor Sarabjit was incredible and we were so lucky that we were able to be taught by someone with so many years of real teaching experience in a real classroom.”



For more information on our Work Based Learning offer, scan the QR code above or email WorkBasedLearningTeam@leics.gov.uk

Confidence with numbers



Whether you are aged 19-99, if you're looking to boost your confidence with numbers and polish up your maths skills, our new **Multiply** courses can get you to where you want to be.

Multiply is a new government funded programme aimed at creating opportunities for adults to develop numeracy skills to help improve employment prospects and life chances.

Our courses will help you focus on:

- increasing confidence with numbers
- improving numeracy skills to help you manage money
- upskilling yourself for employment
- preparing you for future learning



Courses take place in community venues across the county, online and in the workplace. Visit the Multiply website for more details www.leicestershire.gov.uk/multiply



SKILLS FOR LIFE MULTIPLY

The types of courses we offer include:

- **Cook, Meet & Eat** – Using seasonal foods to produce a meal each week and learn useful number skills along the way
- **Numbers for home** – Talk about ways to reduce household bills and find out what cost of living support is available to help you manage your money
- **Save, Taste, Zero Waste** – A session designed to enable you to reduce your food waste and costs. You will find out about the scale and cost of food waste along with understanding best before and use by dates



This course has been a real eye opener. I didn't realise how much cheaper it was to cook at home instead of buying ready-made meals. I have learnt a lot such as costing recipes, saving money and waste, the importance of measuring and weighing ingredients and I have gained confidence with my maths skills. I am eating healthier and have learnt new recipes. I am starting a new job next week and I feel more confident with maths now."

FREE
courses



Our Main Centres

The map below shows our GoLearn! Adult Learning Centres and Suites. We also offer online and face-to-face courses in local venues, to better help you fit your learning around life and work. Visit us online for more detail. For more information on venues, scan the QR code or email us at adultlearning@leics.gov.uk



The Moira Adult Learning Centre

Moira Street, Loughborough,
Leicestershire, LE11 1AX

Loughborough Library

31 Granby Street,
Loughborough,
LE11 3DU

Coalville Library

High Street, Coalville,
Leicestershire,
LE67 3EA

The Enderby Adult Learning Centre

Townsend Road, Enderby,
Leicester, LE19 4PG

Hinckley Library

Lancaster Road, Hinckley,
Leicestershire, LE10 OAT



GoLearn!

Leicestershire Adult Learning Service



Melton Library

Wilton Road, Melton
Mowbray, Leicestershire,
LE13 0UJ

The Roundhill Adult Learning Centre

997 Melton Road,
Thurmaston, Leicestershire,
LE4 8GQ

Wigston Library

Bull Head Street,
Wigston Magna,
Leicestershire,
LE18 1PA

The Symington Building

Adam and Eve Street,
Market Harborough,
Leicestershire,
LE16 7LT

Fees and Finance



To view the fees for your courses, visit us online where detailed course information is available for the entire 2024/25 programme or call Freephone 0800 988 0308.

Many GoLearn courses are funded for FREE to all through the Department of Education. Fee paying courses can cost anywhere between £3.30 per hour to £9.90 per hour, depending on the subject.

State Benefits

If you are in receipt of state benefits (such as Job Seeker's Allowance, Employment and Support Allowance and Universal Credit, amongst others) you could be entitled to enrol on your course for FREE, or at the Reduced Fee price.

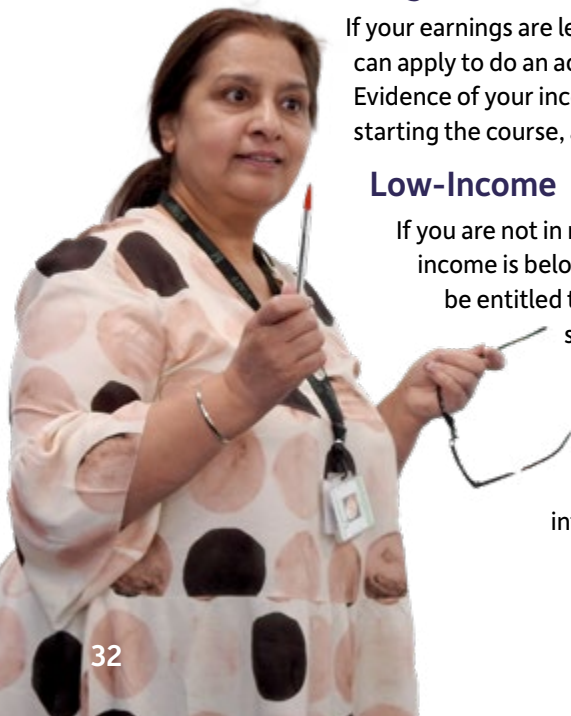
Earnings Threshold

If your earnings are less than £25,000 (before deductions), you can apply to do an accredited (qualification) course for FREE. Evidence of your income will be required within two weeks of starting the course, and some exclusions apply.

Low-Income

If you are not in receipt of state benefits, but your annual income is below £26,211.90 (before deductions), you may be entitled to pay the Reduced Cost for your course. In some cases, your course may be FREE.

Eligibility for fee reduction is subject to change in line with the Education Skills and Funding Agency's funding rules. Visit us online for up-to-date information.



Support with costs

At GoLearn, we know that course fees alone are not the only financial costs learners face. Our Discretionary Learner Support Fund (DLSF) is available to help cover the hidden cost of learning like childcare, transport, resources, and exam fees.

You can claim up to £446 (per child) to help cover the cost of childcare whilst you are in class, up to £128 to cover the cost of transport, and up to £64 to cover resources like textbooks and stationery. If your exam fees are not already included in your course costs, you may also be able to use the DLSF to cover this cost.*

Rules and eligibility criteria apply and, if you would like more information, please contact us on FREEphone 0800 988 0308 to discuss. Alternatively, you can email us at adultlearning@leics.gov.uk and we can arrange a suitable time to call you.

**(All claim limits are per course, per term).*



For more
information



Can I pay by instalments?

If your course fees are over £50 you can break the cost of study up into a number of easy payments.

The number of instalments you can pay in varies depending on the amount you need to pay and the length of the course. Any materials and exam fees will need to be paid upfront as part of the first instalment. Instalment plans need to be put in place by our Enrolment team, so if you wish to pay by instalments, please contact us on FREEPHONE 0800 988 0308 or by email at adultlearning@leics.gov.uk to enrol.

In need of some direction?

Book a **FREE** advice appointment now

Our Learning and Work Advisors provide confidential advice on:



Education and training opportunities



Online job applications



CV writing



Changing your career



Interview skills



Local support



Volunteering



If you would like a **FREE** appointment with one of our friendly Learning and Work Advisors, please email LALS.LWA@leics.gov.uk or call **FREEPHONE 0800 988 0308**.



Start your learning journey today with GoLearn!



Online

Our online Course Search can be found by visiting us at **GoLearnLeicestershire.ac.uk** or by scanning the QR code.



By phone

Our FREEPHONE enrolment line is open year-round from 8:30am till 7:00pm Monday to Friday (excluding Bank Holidays). To speak to a member of the team, call us on FREEPHONE 0800 988 0308.



In person

If you prefer to visit our centres in person to pay or enrol, you can do so by visiting one of our Enrolment Centres.



Via email

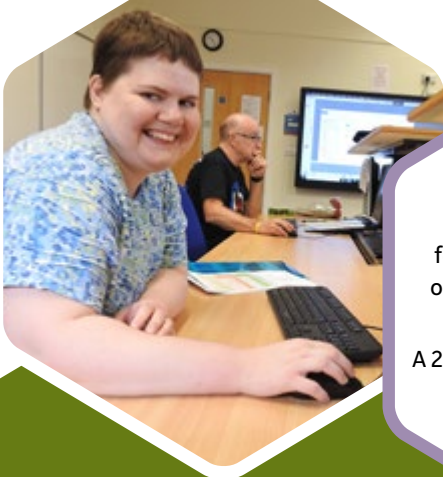
If you would like more information on your chosen course, or if you would like to make an appointment for one of the team to call you at a convenient time, please email us at **adultlearning@leics.gov.uk**



Every effort has been made to make sure the information contained in this brochure is correct. However, as you know, things can change. Please contact us for up-to-date course information.



If you require an accessible version of this brochure please contact us on FREEPHONE 0800 988 0308 or email us at **adultlearning@leics.gov.uk** and we will explore the options available.



Don't miss out!

A 30% Early Bird Discount on course fees is available for all fee-paying courses from 8:30am on Monday 1 July until 7:00pm on Monday 30 September 2024.

A 20% New Year Discount is available from 8:30am on Monday 2nd December 2024 till 7:00pm on Friday 31st January 2025.

Check out our new website

www.GoLearnLeicestershire.ac.uk

Get in touch by phone

FREEPHONE 0800 988 0308

Why not connect with us on socials

Search for **#LeicsGoLearn**



You can find details of our venues on page 30

100% recycled
When you have finished with this brochure, please recycle it.

